

BUDAPEST 04-06 JUNE 2025

RADISSON Blu Hotel

Chairpersons Katharina Domschke Siegfried Kasper Stuart A. Montgomery Eduard Vieta Allan H. Young

Preliminary Programme V1.8 10-02-2025





www.ifmad.org

Organising Secretariat



Chairpersons Katharina Domschke, Siegfried Kasper, Stuart A. Montgomery Eduard Vieta, Allan H. Youna

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Welcome

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Dear Colleagues, Dear Friends,

It is with great pleasure that we invite you to the 20th International Forum on Mood and Anxiety Disorders (IFMAD), which will take place in the beautiful city of Budapest from Wednesday, 4 June, to Friday, 6 June 2025.

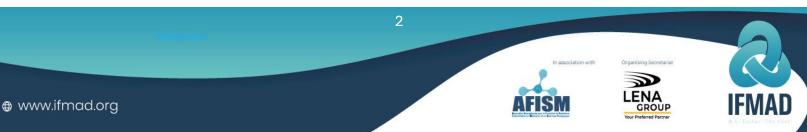
As we celebrate the milestone of the 20th edition, we reflect on the continued growth and importance of IFMAD as a forum for exchanging groundbreaking ideas and advancing the treatment of psychiatric disorders. Our tradition of gathering international experts in a collegial environment, fostering open dialogue between speakers, experts, and attendees, remains a core part of our meeting. The interactive atmosphere, both within the sessions and during the breaks, allows for rich discussions that extend well beyond the presentations themselves.

This year, we will delve into exciting new developments in treatment-resistant mood and anxiety disorders, explore novel therapeutic approaches, and examine the impact of the gut microbiota on mental health. Discussions will also include the latest in dementia treatment, the evolving role of genetics and psychotherapy in psychiatric care, and how emerging therapies like psilocybin are reshaping our understanding of treatment efficacy. We will further address the management of cognitive impairments in both schizophrenia and bipolar disorder, among other key topics.

We expect a vibrant exchange of knowledge on these subjects, building on the latest research and clinical experiences. With Budapest as our host city, we also look forward to providing a memorable backdrop for professional connections, international collaboration, and the warm reunion of our IFMAD community.

We eagerly anticipate seeing you in Budapest for this special 20th edition of IFMAD, where together, we will continue to push the boundaries of psychiatric research and treatment.

A warm welcome from the IFMAD chairpersons!



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Audience

IFMAD

The Conference Programme has been designed to fulfil the educational and development needs of professionals operating in the following areas:

Psychiatrists

Researchers and educators of psychiatry

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- Mental health professionals and advocates
- Students

Residents

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Venue

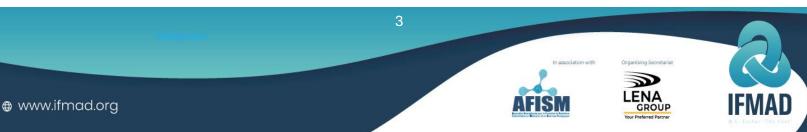


Radisson Blu Beke Hotel

Address: Budapest, Teréz krt. 43, 1067 Hungary

Website

https://ifmad.org/2025/



20th International Forum on

Katharina Domschke, Siegfried Kasper, Stuart A. Montgomery Eduard Vieta, Allan H. Young

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Organising and Scientific Committee

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IFMAD



Katharina Domschke (Germany)



Stuart A. Montgomery (UK)



Siegfried Kasper (Austria) Allan H. Young (UK)





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Eduard Vieta (Spain)





Topics

& New Avenues in the Treatment of Depression and Anxiety

& Biomarkers of Anxiety and Mood Disorders

a Treatment of Depression: Aspects not to be forgotten

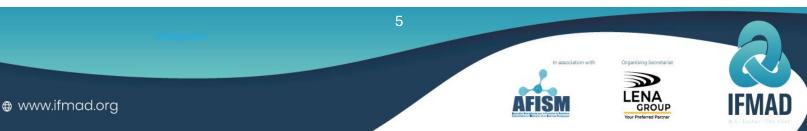
Treatment of Anxiety, Stress-Related and Obsessive Compulsive Disorders: State of the Art and Options for Treatment Resistance

& Depression: is serotonin still relevant?

Treatment Resistant Depression, where are we now?

A Neuroplasticity for new understanding of depression

& Virtual Reality and Digital Interventions



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Speakers list

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David Baldwin (UK)

Borwin Bandelow (Germany)

István Bitter (Hungary)

Ted Dinan (UK)

Katharina Domschke (Germany)

Ulrich Ebner-Priemer (Germany)

Elias Erikson (Sweden)

Chiara Fabbri (Italy)

Andrea Fagiolini (Italy)

Maria Teresa Ferretti (Austria)

Naomi Fineberg (UK)

Xenia Gonda (Hungary)

Catherine Harmer (UK)

Siegfried Kasper (Austria)

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Gitte Moos Knudsen (Denmark)

Christoph Kraus (Austria)

Rupert Lanzenberger (Austria)

Kamilla Miskoviak (Denmark)

Stuart Montgomery (UK)

Claus Normann (Germany)

Andreas Reif (Germany)

Alessandro Serretti (Italy)

Eduard Vieta (Spain)

Allan H. Young (UK)

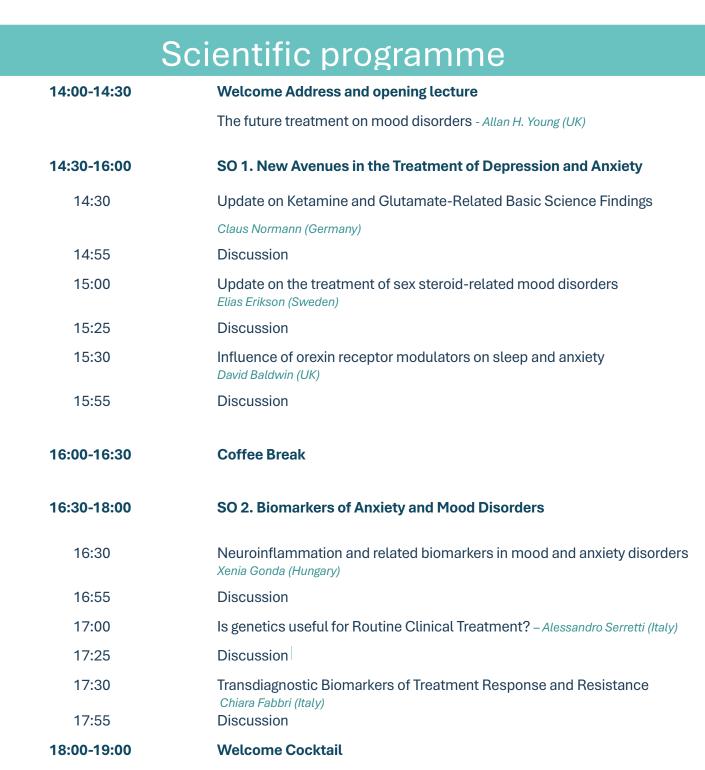
Peter Zwanzger (Germany)



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Wednesday, 4 June 2025

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09:00-10:30	SO 3. Treatment of Depression: Aspects not to be forgotten
09:00	Gut microbiota – Ted Dinan (UK)
09:25	Discussion
09:30	Comorbidities and mortality in depression – István Bitter (Hungary)
09:55	Discussion
10:00	Treatment resistance bipolar depression - Eduard Vieta (Spain)
10:25	Discussion
10:30-11:00	Coffee Break
11:00–12:30	SO 4. Treatment Resistant Depression, where are we now?
11:00–12:30 11:00	SO 4. Treatment Resistant Depression, where are we now? The Unipolar-Bipolar Distinction: A Help or a Hindrance in the
	The Unipolar-Bipolar Distinction: A Help or a Hindrance in the
11:00	The Unipolar-Bipolar Distinction: A Help or a Hindrance in the Pharmacological Treatment of Depression? – Andrea Fagiolini (Italy)
11:00 11:25	The Unipolar-Bipolar Distinction: A Help or a Hindrance in the Pharmacological Treatment of Depression? – <i>Andrea Fagiolini (Italy)</i> Discussion Are side effects necessary for antidepressive response?
11:00 11:25 11:30	The Unipolar-Bipolar Distinction: A Help or a Hindrance in the Pharmacological Treatment of Depression? – Andrea Fagiolini (Italy) Discussion Are side effects necessary for antidepressive response? Siegfried Kasper (Austria)
11:00 11:25 11:30 11:55	The Unipolar-Bipolar Distinction: A Help or a Hindrance in the Pharmacological Treatment of Depression? – Andrea Fagiolini (Italy) Discussion Are side effects necessary for antidepressive response? Siegfried Kasper (Austria) Discussion

12:30-13:00 Sponsored Lecture

Lunch

13:00-14:30





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14:30-16:00	SO 05. Depression: is serotonin still relevant?
14:30	PET findings – Gitte Moos Knudsen (Denmark)
14:55	Discussion
15:00	Emotional processing – Catherine Harmer (UK)
15:25	Discussion
15:30	PET findings on serotonergic system - Rupert Lanzenberger (Austria)
15:55	Discussion
16:00-16:30	Coffee Break
10.00 10.00	
16:30–18:00	SO 06. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance
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16:30–18:00	SO 06. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance
16:30–18:00 16:30	SO 06. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance Guideline for Anxiety Disorders, OCD and PTSD - <i>Borwin Bandelow (Germany)</i>
16:30–18:00 16:30 16:55	SO 06. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance Guideline for Anxiety Disorders, OCD and PTSD - <i>Borwin Bandelow (Germany)</i> Discussion Treatment Resistance: Definition and Treatment Options
16:30–18:00 16:30 16:55 17:00	SO 06. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance Guideline for Anxiety Disorders, OCD and PTSD - Borwin Bandelow (Germany) Discussion Treatment Resistance: Definition and Treatment Options Katharina Domschke (Germany)



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09:00-10:00	Poster Sessions
10:00-11:30	SO 07. Neuroplasticity for new understanding of depression
10:00	Neurobiology of Neuroplasticity - Christoph Kraus (Austria)
10:25	Discussion
10:30	Fast acting antidepressant treatments - Siegfried Kasper (Austria)
10:55	Discussion
11:00	Light impulses treatment - Maria Teresa Ferretti (Austria)
11:25	Discussion
11:30-13:00	SO 08. Virtual Reality and Digital Interventions
11:30	VR: potential for diagnostic evaluations, cognition assessment and training
11:30	VR: potential for diagnostic evaluations, cognition assessment and training and psychotherapy in mood disorders? - <i>Kamilla Miskoviak (Denmark)</i>
11:30 11:55	
	and psychotherapy in mood disorders? - Kamilla Miskoviak (Denmark)
11:55	and psychotherapy in mood disorders? - <i>Kamilla Miskoviak (Denmark)</i> Discussion
11:55 12:00	and psychotherapy in mood disorders? - <i>Kamilla Miskoviak (Denmark)</i> Discussion VR: Application and potential in anxiety disorders - <i>Peter Zwanzger (Germany)</i>
11:55 12:00 12:25	and psychotherapy in mood disorders? - <i>Kamilla Miskoviak (Denmark)</i> Discussion VR: Application and potential in anxiety disorders - <i>Peter Zwanzger (Germany)</i> Discussion

13:00-13:30

Farewell coffee





Organising Secretariat



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