

20th International Forum on Mood and Anxiety Disorders



IFMAD

M.C. Escher "The Knot"

BUDAPEST

04-06 JUNE 2025

RADISSON Blu Hotel



Chairpersons

Katharina Domschke

Siegfried Kasper

Stuart A. Montgomery

Eduard Vieta

Allan H. Young

Preliminary Programme V1.2

01-10-2024



In association with

AFISM

Association Internationale pour la Promotion de Formations
Spécialisées en Médecine et en Sciences Biologiques

Organising Secretariat

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GROUP**
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Chairpersons

Katharina Domschke, Siegfried Kasper, Stuart A. Montgomery
Eduard Vieta, Allan H. Young

 www.ifmad.org



Organising Secretariat



Welcome

Dear Colleagues, dear Friends,

It is with great pleasure that we invite you to the 20th International Forum on Mood and Anxiety Disorders (IFMAD), which will take place in the beautiful city of Budapest from Wednesday, 4 June, to Friday, 6 June 2025.

As we celebrate the milestone of the 20th edition, we reflect on the continued growth and importance of IFMAD as a forum for exchanging groundbreaking ideas and advancing the treatment of psychiatric disorders. Our tradition of gathering international experts in a collegial environment, fostering open dialogue between speakers, experts, and attendees, remains a core part of our meeting. The interactive atmosphere, both within the sessions and during the breaks, allows for rich discussions that extend well beyond the presentations themselves.

This year, we will delve into exciting new developments in treatment-resistant mood and anxiety disorders, explore novel therapeutic approaches, and examine the impact of the gut microbiota on mental health. Discussions will also include the latest in dementia treatment, the evolving role of genetics and psychotherapy in psychiatric care, and how emerging therapies like psilocybin are reshaping our understanding of treatment efficacy. We will further address the management of cognitive impairments in both schizophrenia and bipolar disorder, among other key topics.

We expect a vibrant exchange of knowledge on these subjects, building on the latest research and clinical experiences. With Budapest as our host city, we also look forward to providing a memorable backdrop for professional connections, international collaboration, and the warm reunion of our IFMAD community.

We eagerly anticipate seeing you in Budapest for this special 20th edition of IFMAD, where together, we will continue to push the boundaries of psychiatric research and treatment.

A warm welcome from the IFMAD chairpersons!



Audience

The Conference Programme has been designed to fulfil the educational and development needs of professionals operating in the following areas:

- Psychiatrists
- Mental health professionals and advocates
- Students
- Researchers and educators of psychiatry
- Residents

Venue



Radisson Blu Beke Hotel

Address: Budapest, Teréz krt. 43, 1067 Hungary

Website

<https://ifmad.org/2025/>



Organising and Scientific Committee

Katharina Domschke (Germany)

Siegfried Kasper (Austria)

Stuart A. Montgomery (UK)

Eduard Vieta (Spain)

Allan H. Young (UK)

Topics

Treatment-resistant mood and anxiety disorders

New treatment for mood and anxiety disorders

Gut microbiota

New treatment approaches in dementia

Are side effects necessary for treatment efficacy – the psilocybin experience

Differentiation of depressive and negative symptoms in schizophrenia

Are we as yet there for including genetics in treatment algorithms

The role of psychotherapy in psychiatric treatment modalities

Management of cognitive impairment in schizophrenia and bipolar disorder



Invited speakers list

David Baldwin (UK)

Borwin Bandelow (Germany)

István Bitter (Hungary)

Ted Dinan (UK)

Katharina Domschke (Germany)

Ulrich Ebner-Priemer (Germany)

Elias Erikson (Sweden)

Chiara Fabbri (Italy)

Maria Teresa Ferretti (Austria)

Xenia Gonda (Hungary)

Guy Goodwin (UK)

Catherine Harmer (UK)

Siegfried Kasper (Austria)

Gitte Moos Knudsen (Denmark)

Christoph Kraus (Austria)

Rupert Lanzenberger (Austria)

Kamilla Miskoviak (Denmark)

Stuart Montgomery (UK)

Andreas Reif (Germany)

Alessandro Serretti (Italy)

Naomi Fineberg (UK)

Eduard Vieta (Spain)

Allan H. Young (UK)

Claus Normann (Germany)

Peter Zwanzger (Germany)



Scientific programme

Wednesday, 4th June 2025

14:00-14:30

Welcome Address and opening lecture

The future treatment on mood disorders - *Allan H. Young*

14:30-16:00

SO 1. New Avenues in the Treatment of Depression and Anxiety

14:30

Update on Ketamine - *Claus Normann*

14:55

Discussion

15:00

Update on steroid-related treatments in mood disorders OR Psilocybin
Elias Erikson

15:25

Discussion

15:30

Influence of orexin receptor modulators on sleep and anxiety - *David Baldwin*

15:55

Discussion

16:00-16:30

Coffee Break

16:30-18:30

SO 2. Biomarkers of Anxiety and Mood Disorders

16:30

Neuroinflammation and related biomarkers in mood and anxiety disorders
Xenia Gonda

16:55

Discussion

17:00

Is genetics useful for Routine Clinical Treatment? - *Alessandro Serretti*

17:25

Discussion

17:30

Transdiagnostic Biomarkers of Treatment Response and Resistance
Chiara Fabbri

17:55

Discussion

18:00-19:00

Welcome Cocktail

Scientific programme

Thursday, 5th June 2025

(morning)

09:00-10:30	SO 3. Treatment of Depression: Aspects not to be forgotten
09:00	Gut microbiota – <i>Ted Dinan</i>
09:25	Discussion
09:30	Lifestyle interventions – <i>István Bitter</i>
09:55	Discussion
10:00	Treatment resistance bipolar depression - <i>Eduard Vieta</i>
10:25	Discussion
10:30-11:00	Coffee Break
11:00-12:30	SO 04. Treatment of Anxiety Disorders: State of the Art and Options for Treatment Resistance
11:00	Guideline for Anxiety Disorders, OCD and PTSD - <i>Borwin Bandelow</i>
11:25	Discussion
11:30	Treatment Resistance: Definition and Treatment Options - <i>Katharina Domschke</i>
11:55	Discussion
12:00	Novel Avenues in OCD treatment
12:25	Discussion
12:30-13:00	Sponsored Lecture
13:00-14:30	Lunch



Scientific programme

Thursday, 5th June 2025

(Afternoon)

14:30-16:00

SO 05. Depression: is serotonin still relevant?

14:30

PET findings – *Gitte Moos Knudsen*

14:55

Discussion

15:00

Emotional processing

15:25

Discussion

15:30

PEWT findings on serotonergic system

15:55

Discussion

16:00-16:30

Coffee Break

16:30-18:00

SO 6. Treatment Resistant Depression, where are we now?

16:30

Psilocybin for treatment of depression

16:55

Discussion

17:00

Are side effects necessary for antidepressive response? – *Siegfried Kasper*

17:25

Discussion

17:30

Critical Review of NMDA receptor antagonists – *Andreas Reif*

17:55

Discussion

20:00-22:00

Speaker Dinner (by invitation only)

Scientific programme

Friday, 6th June 2025

09:00-10:00

Poster Sessions

10:00-11:30

SO 07. Neurogenesis for new understanding of depression

10:00

Neurobiology of Neuroplasticity - *Christoph Kraus*

10:25

Discussion

10:30

Fast acting antidepressant treatments - *Siegfried Kasper*

10:55

Discussion

11:00

Light impulses treatment - *Maria Teresa Ferretti*

11:25

Discussion

11:30-13:00

SO 08. Virtual Reality and Digital Interventions

11:30

VR: potential for diagnostic evaluations, cognition assessment and training and psychotherapy in mood disorders? - *Kamilla Miskoviak*

11:55

Discussion

12:00

VR: Application and potential in anxiety disorders - *Peter Zwanzger*

12:25

Discussion

12:30

Digital monitoring and telepsychiatry - *Ulrich Ebner-Priemer*

12:55

Discussion

13:00-13:30

Farewell coffee

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